

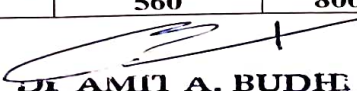
**DEWAJIBILAU BUDHE MEMORIAL COLLEGE OF
PHYSICAL EDUCATION GONDIA-441601**

B.P.E.S. I SEMESTER

PART A: THEORETICAL COURSE						
COURSE CODE	TITIAL OF RHE PAPERR	TOTAL HOURS	CREDITE	INTERNAL MARKS	EXTERNAL MARKS	Total marks
TC-101	Language (English/Hindi?Marathi)	3	3	30	70	100
TC-102	Elemens of Physical Education	3	3	30	70	100
TC-103	Gernal Science	3	3	30	70	100
ELECTIVE COURSE						
EC-101	Health Education	3	3	30	70	100
EC-102	SWAYAM (ANY ONE COURSE)					
PART -B: PRACTICAL COURSE						
PC-101	Major Game: Kabaddi/ Volleyball/ Baseball/ Net ball	6	3	30	70	100
PC-102	Formal Activity: Dumbbells, Wands Ring, Indian Club, Flag (Any Two)	6	3	30	70	100
PC-103	Lazium (Sadi) and Lathi Kathi	6	3	30	70	100
PC-104	Drill & Marching, Flage Hosting, Band	6	3	30	70	100
	TOTAL	36	24	240	560	800

B.P.E.S. II SEMESTER

PART A: THEORETICAL COURSE						
COURSE CODE	TITIAL OF RHE PAPERR	TOTAL HOURS	CREDITE	INTERNAL MARKS	EXTERNAL MARKS	Total marks
TC-201	Anatomy and Physiology	3	3	30	70	100
TC-202	Educational Psychology	3	3	30	70	100
TC-203	Principal and History of Physical Education	3	3	30	70	100
ELECTIVE COURSE						
EC-201	Recreation in Physical Education	3	3	30	70	100
EC-202	SAWAYAM (ANY ONE COURSE)					
PART -B: PRACTICAL COURSE						
PC-201	Major Game: KHO-KHO/HOCKEY/THROW BALL/HANDBALL(ANY TWO)	6	3	30	70	100
PC-202	MASS PT. TABLE EXERCISE,SURYANAMASKAR	6	3	30	70	100
PC-203	GORUND GYMNASSTICC	6	3	30	70	100
PC-204	ATHLETICS: RUNNING EVENT	6	3	30	70	100
	TOTAL	36	24	240	560	800


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B.P.E.S. III SEMESTER

PART A:THEORETICAL COURSE						
COURS E CODE	TITAL OF RIHE PAPERR	TOTAL HOURS	CREDITE	INTERNA L MARKS	EXTERNAL MARKS	Total marks
TC-301	PHYSIOLOGY OF EXERCISE	3	3	30	70	100
TC-302	METHOD IN PHYSICAL EDUCATION	3	3	30	70	100
TC-303	ADAPTTED PHYSICAL EDUCATION	3	3	30	70	100
ELECTIVE COURSE						
EC-301	Counselling and Guidance	3	3	30	70	100
EC-302	SWAYAM (ANY ONE COURSE					
PART –B: PRACTICAL COURSE						
PC-301	Major Game: Table Tennis/Badminton/Ball Badminton/ Squash (Any Two)	6	3	30	70	100
PC-302	Lazim (Ghati and NFC)	6	3	30	70	100
PC-303	Athletics: Jumping Event	6	3	30	70	100
PC-304	General Lesson	6	3	30	70	100
	TOTAL	36	24	240	560	800

B.P.E.S. IV SEMESTER

PART A:THEORETICAL COURSE						
COURS E CODE	TITIAL OF RHE PAPERR	TOTAL HOURS	CREDIT E	INTERNA L MARKS	EXTERNA L MARKS	Total marks
TC-401	Kinesiology	3	3	30	70	100
TC-402	Yoga	3	3	30	70	100
TC-403	Methods in Physical Education	3	3	30	70	100
ELECTIVE COURSE						
EC-401	Remedial and Corrective Physical Education	3	3	30	70	100
EC-402	SAWAYAM (ANY ONE COURSE)					
PART -B: PRACTICAL COURSE						
PC-401	Major Games: Wrestling/Judo/ Boxing/ Taekwondo/ Karate (Any Two)	6	3	30	70	100
PC-402	Parallel Bar And Vaulting Box(Boys) Balance Beam and Dance or Aerobic (Girls)	6	3	30	70	100
PC-403	Yoga (Yogasan , Pranayam, Yogic Kriyas)	6	3	30	70	100
PC-404	Lesson on Games and Sports	6	3	30	70	100
	TOTAL	36	24	240	560	800


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B.P.E.S. V SEMESTER

PART A:THEORETICAL COURSE						
COURS E CODE	TITAL OF RHE PAPERR	TOTAL HOURS	CREDIT E	INTERNAL MARKS	EXTERNA L MARKS	Total marks
TC-501	Test and Measurement in Physical Education	3	3	30	70	100
TC-502	Fundamentals of Computer in Physical Education	3	3	30	70	100
TC-503	Sports Sociology	3	3	30	70	100
ELECTIVE COURSE						
EC-501	Management In Physical Education	3	3	30	70	100
EC-502	SWAYAM (ANY ONE COURSE					
PART -B: PRACTICAL COURSE						
PC-501	Major Game : Cricket / Basket Ball/ Lawn Tennis/ Soft ball/ Korfball (Any Two)	6	3	30	70	100
PC-502	Internship (Teaching/ Coaching? Training? Officiating)	6	3	30	70	100
PC-503	Athletics: Throwing Event	6	3	30	70	100
PC-504	Lesson on Specialised Games or Sports	6	3	30	70	100
	TOTAL	36	24	240	560	800

B.P.E.S. VI SEMESTER

PART A:THEORETICAL COURSE						
COURS E CODE	TITAl OF RHE PAPERR	TOTAL HOURS	CREDIT E	INTERNA L MARKS	EXTERN AL MARKS	Total marks
TC-601	Organisation and Administration in Physical Education	3	3	30	70	100
TC-602	Principles of Officiating and Rehabilitation	3	3	30	70	100
TC-603	Sports Injuries and Rehabilitation	3	3	30	70	100
ELECTIVE COURSE						
EC-601	Principles of Sports Training	3	3	30	70	100
EC-602	SAWAYAM (ANY ONE COURSE)					
PART –B: PRACTICAL COURSE						
PC-601	Officiating of Specialised games or Sports	6	3	30	70	100
PC-602	Malkhamb (Boys)/ Balance Beam (Beam)	6	3	30	70	100
PC-603	Massage and First Aid	6	3	30	70	100
PC-604	Lesson Plan	6	3	30	70	100
	TOTAL	36	24	240	560	800


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